Pharmacokinetics in Rat Plasma and Tissue Distribution in Mice of Galangin Determined by UHPLC–MS/MS

Weijian Ye¹, Wei Sun¹, Ruijie Chen¹, Zhe Wang¹, Xiao Cui¹, Hui Zhang¹, Shuyi Qian², Qi Zheng², Yangfeng Zhou², Jiafeng Wan², Jiali Xu², Xianqin Wang^{2*} and Yunfang Zhou^{3*}

¹The Second Affiliated Hospital and Yuying Children's Hospital of Wenzhou Medical University, Wenzhou 325027, China

²Analytical and Testing Center, Wenzhou Medical University, Wenzhou 325035, China

³Laboratory of Clinical Pharmacy, The People's Hospital of Lishui, Lishui, 323000, China

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Galangin (GAL), the major bioactive flavonol extracted from *Alpinia officinarum* Hance (Zingiberaceae), has attracted much attention due to its multiple biological activities. To develop a fast, reliable, and sensitive ultrahigh-performance liquid chromatography–tandem mass spectrometry (UHPLC–MS/MS) method for the quantification of GAL in rat plasma and mouse tissues. UHPLC–MS/MS using electrospray ionization operating in negative-ion mode was used to determine GAL in 18 rats receiving three doses of GAL (2 and 9 mg/kg by intravenous injection, 5 mg/kg by oral administration), with six rats for each dose. Blood samples were collected at 0.0333, 0.25, 0.5, 1, 2, 4, 6 and 8 h. A total of 25 mice received 18 mg/kg GAL by intraperitoneal injection. Liver, heart, lung, spleen, brain, and kidney tissue samples were collected at 0.25, 0.5, 2, 4, and 6 h. The precision of the method was better than 12.1%, while the accuracy ranged from –4.8% to 8.1%. The results of pharmacokinetics demonstrated rapid GAL absorption ($t_{\max}$ of 0.25 h), fast elimination ($t_{1/2}$ <1.1 h) after three different dosages, and an absolute bioavailability of ~7.6%. Tissue distribution analysis revealed abundant GAL in liver, kidney, spleen, and lung and smaller amounts in brain. The developed method proved fast (3 min), efficient, and reliable, with high selectivity for the quantitative analysis of GAL in biological samples. This is the first study to identify the target tissues of GAL, and the results may help to elucidate the mechanisms underlying its therapeutic effects in vivo.

Keywords: *Alpinia officinarum* Hance (Zingiberaceae), UHPLC–MS/MS, quantification

Introduction

Galangin (3,5,7-trihydroxyflavone, GAL) is a natural flavonol and bioactive component extracted from *Alpinia officinarum* Hance (Zingiberaceae) that has long been used as a herbal medicine and spice in South Africa and Asia. GAL exhibits neurovascular protective properties and acts through Wnt/ β -catenin coupled with the HIF-1 β /VEGF pathway, which might make it a potent candidate as an anti-ischemic stroke drug [1]. In addition, GAL has anti-tumor [2–4], anti-oxidative [5, 6], anti-inflammatory [7, 8], and anti-microbial [9–11] activities. These diverse therapeutic activities are accompanied by low cytotoxicity [2] and genotoxicity [5]; hence, GAL has attracted much attention, but further investigation is necessary if its potential as a medicinal agent is to be realized.

Currently, available procedures suitable for analysis of GAL include high-performance liquid chromatography (HPLC) [12], ultra-performance liquid chromatography (UPLC) [13], liquid chromatography–mass spectrometry (LC–MS) [14], and LC–MS/MS [15–17]. Feng et al. developed a UPLC approach for determination of GAL in rat plasma with a lower limit of quantification (LLOQ) of 10 ng/mL using liquid–liquid extraction for sample preparation, and the method was applied to study pharmacokinetics after oral (p.o.) administration [13]. Careri et al. established an LC–MS method for the analysis of several flavonoids including GAL [14]. Chen et al. developed an LC–MS/MS approach with an LLOQ of 2 ng/mL for quantifying GAL in rat plasma [15]. Gardana et al. developed an LC–MS/MS method for determination of different polyphenols (including GAL) with an LLOQ of 10 ng/mL in human plasma to assess propolis intake [17]. Ristivojevic et al. developed a UHPLC–linear trap

quadrupole (LTQ)/MS/MS method for analysis of the phenolic profile of raw materials from Serbian poplar-type propolis. However, the tissue distribution of GAL has not been reported [16]. Tissue distribution studies coupled with pharmacokinetics play a vital role in understanding drug features and facilitate the determination of systemic concentrations that inform on efficiency and toxicity.

Since biomatrices usually occur as complex mixtures, a long analysis time is usually needed for HPLC analysis to achieve complete separation, making the abovementioned LC–MS and LC–MS/MS methods time-consuming (more than 4 min per run). The recently developed UHPLC method can increase the speed of chromatographic separations, with good resolution and sensitivity. A triple-quadrupole mass spectrometer is widely used in quantification due to its high sensitivity and selectivity. Therefore, UHPLC–MS/MS is becoming a useful technique for pharmacokinetics, tissue distribution analysis, and drug metabolite identification in biological samples due to the increased speed of analysis, higher separation efficiency and resolution, lower time consumption, and improved sensitivity and accuracy [18]. Both pharmacokinetic evaluation and tissue distribution analysis require a highly efficient and reliable analytical method, and UHPLC–MS/MS can satisfy this requirement. In the present study, a fast, reliable, and sensitive method for the quantification of GAL was developed and validated using fisetin as an internal standard (IS) and applied to pharmacokinetic analysis in rats and exploration of tissue distribution in mice.

Materials and Methods

Chemicals and Materials. GAL (purity >98%) and fisetin (IS, purity >98%) were purchased from Chengdu Must Bio-Technology Co. Ltd. (Chengdu, China). HPLC-grade formic

* Authors for correspondence: lankywang@163.com, zyf2808@126.com

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acid, methanol, and acetonitrile were obtained from Merck (Darmstadt, Germany). Water was purified by a Milli-Q system from Millipore (Molsheim, France).

Analytical Instruments. UHPLC–MS/MS was performed using an Agilent 1290 UHPLC system and a 6420 series Triple-Quadrupole Tandem Mass Spectrometer (Agilent, Santa Clara, CA, USA) equipped with an electrospray ionization (ESI) source. Mass Hunter software (version B.07.00, Agilent) was used for data acquisition, system control, and statistical calculation.

Animals. Eighteen Sprague-Dawley (SD) rats (180–220 g, 8 weeks old) were used for the pharmacokinetic study, and 25 ICR mice (8 weeks old) were used for the tissue distribution analysis. Animals were obtained from and housed at the Laboratory Animal Research Center of Wenzhou Medical University (Wenzhou, China). All research protocols and the use of animals were approved by the Animal Care and Use Committee of Wenzhou Medical University. Apart from a 12 h prohibition of feeding prior to dosing, food and water were freely available.

UHPLC–MS/MS Conditions. Separation was achieved by injecting a 4 μ L sample onto an Agilent ZORBAX Eclipse Plus C18 Rapid Resolution HD column (2.1 $\times$ 50 mm, 1.8 μ m) maintained at 30 $^{\circ}$ C, with an Agilent ZORBAX Eclipse Plus C18 (2.1 $\times$ 5 mm, 1.8 μ m) used as a guard column. The mobile phase consisted of solvent A (0.1% formic acid-water, v/v) and solvent B (acetonitrile). The gradient elution program was as follows: 0–0.1 min, 15% B; 0.1–0.2 min, 15% to 100% B; and 0.2–2.3 min, 100% B. The column was equilibrated in 0.7 min, the total run time was 3 min, and the flow rate was 0.4 mL/min.

The MS/MS system was operated in ESI negative-ion multiple reaction monitoring (MRM) mode with two transitions m/z of 269.1 $\rightarrow$ 169.1 (quantitative ion), 222.8, and a fragmentor voltage (F) of 152 V for GAL, and m/z 285.1 $\rightarrow$ 135.0 (quantitative ion), 121.0, and F of 160 V for IS (Figure 1). The collision energy (CE) was set to 27 and 21 eV for GAL and IS, respectively. MS parameters were 10 L/h for the flow of desolvation gas (nitrogen), 3500 V for the capillary voltage, 45 psi for the nebulising gas (nitrogen), and 350 $^{\circ}$ C for the drying gas temperature.

Calibration Standards. A GAL stock solution of 1.0 mg/mL was prepared in methanol, and the stock solution was diluted with methanol to obtain GAL working solutions with concentrations of 50–50,000 ng/mL. All prepared solutions were kept at 4 $^{\circ}$ C until further use.

To obtain calibration standards, 10 μ L of appropriate working solution was placed in 1.5 mL tubes and evaporated to dryness. Subsequently, 100 μ L of blank rat plasma or mouse tissue homogenate was added to dissolve the dried residue to give final GAL concentrations of 5, 10, 50, 100, 200, 500, 1000, and 5000 ng/mL. Quality-control (QC) samples were independently prepared at concentrations of 8, 800, and 4000 ng/mL in plasma or tissue homogenate as described for the calibration standards.

Sample Preparation. GAL was extracted from plasma by mixing 100 μ L of rat plasma or mouse tissue homogenate with 300 μ L of acetonitrile containing 200 ng/mL IS and vortexing for 0.5 min. After a 10-min centrifugation step at 13,000 g at 4 $^{\circ}$ C, 4 μ L of supernatant was injected into the UHPLC–MS/MS system for quantification.

Method Validation. Specificity was investigated by analyzing six different batches of blank rat plasma and mouse tissue homogenates. Chromatograms of blank matrices, corresponding matrices spiked with GAL and IS, and actual experimental samples following dosing of GAL were compared. Calibration curves for GAL were determined in triplicate using at least eight appropriate concentrations and were generated by plotting the peak area ratio (GAL/IS) (Y) against the theoretical concentration (x) using a $1/x^2$ weighting.

Intra-day accuracy and precision were assessed in a single day by analyzing six replicate QC samples. Inter-day accuracy and precision were assessed on 3 consecutive days by a similar method. Relative error (RE, %) and relative standard deviation (RSD, %) were used to express accuracy and precision, respectively. Intra- and inter-run accuracy and precision for QC concentrations of both within 15% were acceptable.

The matrix effect of GAL was determined by comparing the peak areas obtained from post-extraction rat plasma or mouse liver spiked with GAL versus unextracted standards in the mobile phase at three different QC concentrations. Using this approach, the matrix effect of IS was evaluated at 50 ng/mL.

The recovery of GAL in matrices, namely, rat plasma and mouse liver, was calculated by comparing peak areas obtained from GAL added to and extracted from the biological matrix with those obtained using pure authentic standards at three corresponding concentrations.

The stability of GAL was assessed by analyzing triplicate corresponding matrix samples at different QC concentrations under various storage conditions. The short-term stability was determined by analyzing spiked samples after exposure at room temperature for 12 h, and ready-to-inject samples were placed in the UHPLC autosampler for 24 h. The long-term stability was assessed by analyzing spiked samples after storage at -80° C for 30 days. The freeze–thaw stability was assessed after three freeze–thaw cycles (-80 to 25° C).

Pharmacokinetics. Eighteen SD rats were assigned to three groups ($n = 6$). Six rats received 2 mg/kg GAL by intravenous (i.v.) injection, six rats received 9 mg/kg GAL by i.v. injection, and six rats received 5 mg/kg by p.o. administration. Blood samples (~ 300 μ L) from the tail vein were collected into heparinized tubes at 0.0333, 0.25, 0.5, 1, 2, 4, 6, and 8 h and centrifuged at 4000 g for 10 min. Plasma was then transferred to a new 1.5 mL tube and kept at -80° C until analysis. Drug and Statistics (DAS) software (version 2.0) was used to calculate pharmacokinetic parameters.

Figure 1. Chemical structures and product ion spectrum of GAL (A) and fisetin (IS, B)

Tissue Distribution. Twenty-five mice received 18 mg/kg GAL by intraperitoneal (i.p.) injection. Prior to all collection procedures, each animal was deeply anesthetized by 4% chloral hydrate. Tissue samples (liver, heart, lung, spleen, brain, and kidney) were collected, washed in saline, and blotted dry with filter paper at 0.25, 0.5, 2, 4, and 6 h by sacrificing five mice at each time point. The concentration of GAL in tissues was determined using the developed method.

Artificial Intelligence Model. Back-propagation artificial neural network (BP-ANN) is a type of artificial intelligence that can be used for non-linear mapping, self-organization, and self-learning [19]. It comprises an input layer, a hidden layer, and an output layer. Data in the input layer are processed in the hidden layer by preset functions and delivered to the output layer. In this study, the concentration of GAL in blood, liver, heart, lung, spleen, brain, or kidney tissue could be selected as the input layer. For example, once concentration of GAL in liver, heart, lung, spleen, brain, and kidney was selected as the input layer, its concentration in blood became the output layer. The number of nodes in the hidden layer was calculated using the formula $m = \sqrt{n + l} + a$ as previously described [20, 21]. The BP-ANN model was conducted using Matlab R2011a.

Results

Specificity. GAL and IS were effectively separated by the selected gradient elution procedure, and no interfering endogenous plasma components were observed at the GAL retention time. Representative MS/MS chromatograms of blank rat plasma, blank rat plasma spiked with GAL and IS, and rat plasma samples at 0.25 h after i.v. administration of 9 mg/kg GAL are shown in Figure 2. The retention times of GAL and IS were 1.38 min and 1.77 min, respectively.

Calibration Curves. Calibration curves of GAL in plasma and tissues demonstrated good linearity in the range of 5–5000 ng/mL, with r^2 greater than 0.990. Typical regression equations for GAL in rat plasma and mouse tissues were as follows: $Y = 0.365127x - 0.146741$ in plasma ($r^2 = 0.9955$), $Y = 0.592611x + 0.162256$ in liver ($r^2 = 0.9987$), $Y = 0.258319x - 0.072582$ in kidney ($r^2 = 0.9966$), $Y = 0.561829x + 0.098174$ in spleen ($r^2 = 0.9985$), $Y = 0.325866x + 0.215108$ in lung ($r^2 = 0.9981$), $Y = 0.719235x + 0.215108$ in heart ($r^2 = 0.9982$), and $Y = 0.632574x + 0.095217$ in brain ($r^2 = 0.9962$).

The developed method achieved an LLOQ of 5 ng/mL, which was sufficient for pharmacokinetic analysis following 2

Figure 2. The MS/MS chromatograms of GAL (m/z 269.1 → 169.1) and fisetin (IS, m/z 285.1 → 135.0). (A) Blank rat plasma sample; (B) blank rat plasma sample spiked with GAL and IS; (C) a rat plasma samples after an intravenous administration of GAL at 9 mg/kg

and 9 mg/kg (i.v.) and 5 mg/kg (p.o.) administration in rats and for tissue distribution evaluation after 18 mg/kg (i.p.) administration of GAL in mice.

Precision, Accuracy, Extraction Recovery, and Matrix Effects. Table 1 shows the intra- and inter-day precision of GAL in rat plasma and mouse liver at three QC levels. All intra- and inter-day precision RSDs were within 12.1%, and the accuracy ranged from −4.8% to 8.1% and −2.8% to 6.3% for intra- and inter-day precision, respectively. IS recovery was 81.6–92.0%, and all variation in matrix effects was in the range of 94.1–102.1%.

Stability. As shown in Table 2, the results of room temperature, autosampler, long-term (30 days), and freeze–thaw stability analysis demonstrated that GAL was stable under all storage conditions tested.

Pharmacokinetics. Curves of mean rat plasma concentration versus time were determined (Figure 3), and the main pharmacokinetic parameters resulting from the non-compartment model are listed in Table 3.

Tissue Distribution. The distribution of GAL in liver, kidney, spleen, lung, brain, and heart tissue (Figure 4) indicated that GAL was widely distributed in all mouse tissues studied.

BP-ANN Model. Based on the concentration of GAL in blood, liver, heart, lung, spleen, brain, and kidney determined as described above, seven different BP-ANN distribution models were developed. Measured and predicted GAL concentration profiles are shown in Figure 5, and model performance parameters are listed in Table 4. The results showed that BP-ANN models of blood, liver, heart, lung,

Table 3. The pharmacokinetic parameters of GAL in rats following intravenous and oral administration at three different dosages (i.v. 2, 9 mg/kg and p.o. 5 mg/kg in rats)

Parameters	Unit	p.o. 5 in rats	i.v. 2 in rats	i.v. 9 in rats
		Mean ± SD	Mean ± SD	Mean ± SD
AUC _(0–t)	ng/mL*h	53.9 ± 15.0	284.7 ± 98.6	979.2 ± 213.9
AUC _(0–∞)	ng/mL*h	54.8 ± 14.7	285.3 ± 99.2	989.9 ± 220.8
MRT _(0–t)	h	0.8 ± 0.1	0.6 ± 0.3	0.8 ± 0.3
MRT _(0–∞)	h	0.9 ± 0.1	0.6 ± 0.3	0.9 ± 0.3
t _{1/2z}	h	0.7 ± 0.2	0.5 ± 0.2	1.1 ± 0.4
CL _z	L/h/kg	97.0 ± 28.9	7.7 ± 2.6	9.5 ± 2.1
V _z	L/kg	101.9 ± 57.8	5.4 ± 1.1	14.4 ± 4.3
C _{max}	ng/mL	77.6 ± 26.9	614.3 ± 166.7	1686.5 ± 450.6
F (%)	–	7.6 ± 2.1	–	–

spleen, brain, and kidney all quickly reached the training goal and achieved a high correlation ($R = 1$).

Discussion

The GAL structure includes three phenolic hydroxyl groups that make it weakly acidic and hence more suitable for ESI negative detection. In addition, optimization of the mass spectrometry process revealed that the sensitivity was higher with a negative ESI interface, consistent with the previous use of ESI negative detection [15]. MS parameters were selected by directly injecting standards into the mass spectrometer and slowly adjusting the capillary and collision voltages. The most prevalent fragment was detected at m/z 169.1 with a capillary voltage of 3500 V and an F of 152 V. Similar selected parameters were

Table 1. Precision, accuracy, extraction recovery, and matrix effect of GAL in rat plasma and mouse liver ($n = 6$)

Sample	Concentration (ng/mL)	Precision RSD (%)		Accuracy (%)		Matrix effect (%)	Recovery (%)
		Inter-day	Intra-day	Inter-day	Intra-day		
Plasma	8	12.1	10.8	97.2	108.1	94.1	84.1
	800	2.6	5.6	106.3	103.5	95.7	86.6
	4000	5.8	5.4	101.1	95.2	102.1	92.0
Liver	8	10.5	9.7	100.6	106.5	98.2	86.9
	800	6.3	6.5	98.6	95.6	97.6	90.5
	4000	5.5	8.9	105.8	98.2	95.9	81.6

Table 2. Stabilities of GAL in rat plasma and mouse liver under various storage conditions ($n = 3$)

Sample	Concentration (ng/mL)	Ambient, 2 h		−20 °C, 20 days		3 Freeze–thaw		Autosampler ambient	
		Precision (%)	Accuracy (%)	Precision (%)	Accuracy (%)	Precision (%)	Accuracy (%)	Precision (%)	Accuracy (%)
Plasma	8	5.3	96.8	8.6	102.3	8.9	109.3	1.5	100.5
	800	2.8	100.6	9.7	95.6	7.6	105.5	2.5	98.9
	4000	4.2	98.1	10.1	98.6	10.5	102.1	1.3	103.1
Liver	8	3.5	95.5	11.8	96.2	9.9	98.3	2.8	102.5
	800	4.6	98.6	7.6	95.3	7.4	103.5	1.2	99.1
	4000	3.2	104.9	10.6	108.3	7.6	99.1	1.6	101.5

Figure 3. Mean plasma concentration–time curves in rat plasma after intravenous (A) and oral (B) administration of GAL at dose of i.v. 2, 9 mg/kg and p.o. 5 mg/kg ($n = 6$)

Figure 4. Tissue distribution profile of GAL in various tissues after intraperitoneal administration at a dose of 18 mg/kg in mice

Figure 5. The distributions profiles of GAL in mice after intraperitoneal administration of 18 mg/kg, mean concentration–time curves in heart, liver, spleen, lung, kidney, brain, and blood; measured (solid line) and predicted (dash line) tissues concentrations profiles of GAL generated by BP-ANN model in Matlab

obtained for both GAL and IS, and m/z 269.1 $\rightarrow$ 169.1 for GAL and 285.1 $\rightarrow$ 135.0 for IS were selected for MRM mode (Figure 1).

The mobile phase was also selected for UHPLC–MS/MS analysis. Methanol, acetonitrile, water, 0.1% formic acid, and 0.1% ammonia were tested in various combinations, and acetonitrile/0.1% formic acid was the final choice because it provided the best chromatographic peaks and acceptable sensitivity. Gradient elution mode was selected because it proved thorough for removing impurities from the column and therefore protecting the chromatographic system [22–25].

A rapid, simple, and convenient sample treatment method with acceptable recovery and matrix effects is needed for LC–MS/MS analysis [26–30]. We mixed plasma samples (100 μ L) with 200 and 300 μ L of acetonitrile, and the results showed that the recovery was acceptable (~84% and 95%) with both quantities, but matrix effects were not acceptable with 200 μ L of acetonitrile (~105% and 115%) and were acceptable for 300 μ L of acetonitrile (~94% and 103%). Therefore, 300 μ L of acetonitrile was used for protein precipitation in plasma (100 μ L).

We further investigated the performance of fisetin, and both GAL and fisetin exhibited similar chromatographic retention times. Both were therefore suitable for analysis using the negative ESI interface, and fisetin was used as IS in subsequent experiments.

The pharmacokinetic parameters indicated rapid GAL absorption, extensive distribution, and quick elimination and clearance. After p.o. administration of 5 mg/kg GAL, the time to reach peak concentration (t_{max}) was 15 min, indicating fast absorption of GAL into the blood circulatory system. Clearance, $MRT_{(0-\infty)}$, and $t_{1/2}$ values were estimated at 97.0 ± 28.9 L/h/kg, 0.8 ± 0.1 h, and 0.7 ± 0.2 h, respectively, indicating rapid elimination from the circulatory system in rats. The absolute bioavailability of GAL was $7.6\% \pm 2.1\%$, which was calculated using the formula $F = (AUC_{po\ 5\ mg/kg} \times D_{iv\ 2\ mg/kg} / AUC_{iv\ 2\ mg/kg} \times D_{po\ 5\ mg/kg}) \times 100\%$. This compares with a GAL oral bioavailability of ~3.67% reported previously in the literature [15].

At 0.5 h after i.p. administration, the concentration of GAL in different tissues was ordered $C_{kidney} > C_{liver} > C_{spleen} > C_{lung} > C_{brain} > C_{heart}$ (C = concentration). At other time points (0.25, 2, 4, and 6 h), the order was $C_{liver} > C_{kidney} > C_{lung} > C_{spleen} > C_{brain} > C_{heart}$. The relatively high abundance in kidney, liver, and spleen may be correlated with the dense blood vessel network and rich blood supply to these tissues. These results showed that GAL was also present in brain tissue, suggesting that it passes the blood–brain barrier and may therefore have beneficial effects in the treatment of ischemic stroke.

Table 4. The fitness index of BP-ANN model performed in blood, liver, heart, lung, spleen, brain, and kidney

Index	Heart	Liver	Spleen	Kidney	Lung	brain	blood
Mean squared error	1.35×10^{-10}	4.58×10^{-9}	6.96×10^{-6}	2.88×10^{-6}	4.72×10^{-8}	4.08×10^{-7}	3.02×10^{-10}
The magnitude of the gradient	4.85×10^{-5}	1.81×10^{-4}	6.17×10^{-3}	6.42×10^{-3}	9.05×10^{-4}	1.28×10^{-3}	7.70×10^{-5}
Validation checks	0	0	0	0	0	0	0
Correlation coefficient (R)	1	1	1	1	1	1	1

BP-ANN is a powerful artificial modelling method that is widely used in medicine that differs from support vector machines, which are specialized for classification and identification [31]. BP-ANN has been used to predict the plasma concentration, pharmacokinetics, and pharmaceutical properties associated with dosage, as well as predicting prognosis of chronic diseases [32–34]. In general, the more relevant the selection of variables in the input layer, the higher the accuracy of the model and the more reliable the predictions. In this study, BP-ANN models of blood, heart, liver, spleen, lung, brain, and kidney tissue all showed excellent performance parameters, indicating that their concentrations were correlated. The blood BP-ANN model had the lowest mean squared error, and that of the heart model was similar. On the other hand, BP-ANN models of spleen and kidney had a higher mean squared error, suggesting that blood and heart were more closely associated with each other than spleen and kidney.

Conclusion

A fast, simple, and reliable UHPLC–MS/MS method for the quantification of GAL was developed, validated, and successfully applied to study pharmacokinetics and tissue distribution. Compared with previously described determination methods [13–17], our new approach has several advantages including simple and fast sample treatment, short run time, and selective MRM mode, making it a better choice for high-throughput assays of GAL in biological samples. The pharmacokinetic parameters following i.v. and p.o. administration showed that GAL displayed rapid absorption and elimination. Tissue distribution data showed that GAL was abundant in liver, kidney, spleen, and lung, while smaller amounts were present in brain tissue. This is the first study to identify the target tissues of GAL, and the results may help to elucidate the mechanisms underlying its therapeutic effects in vivo. The developed BP-ANN model achieved high accuracy and could prove useful for comprehension of metabolic characteristics in future studies.

Disclosure statement

The authors report no conflicts of interest.

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